



## EGGS INSTEAD

**Quiche of the Day** 7.95  
Every day our inventive chef makes one of his famous quiches. Please ask your server for today's quiche.

**Eggs Benedict** 8.95  
Two half English muffins covered with slices of ham; poached eggs topped with Hollandaise sauce.

**Farmer's Omelette** 7.95  
Three egg blended with diced green peppers, mushrooms, ham and cheese.

All above orders served with Tossed Salad

## HEALTHY ALTERNATIVES ♥

**Veggie Wrap** 5.95  
Lettuce, Tomato, Peppers, Mushrooms, Cucumbers.

**Salsa Wrap** 7.95  
Chunks of chicken breast with Salsa, Red Onion and low fat cheddar cheese.

**Hawian Wrap** 7.95  
Chicken, Pineapple, Ham & Mozzarella Cheese

**Cold Turkey Rueben** 7.95  
Sliced Turkey, Sauerkraut, Dijon Mustard, on Rye Bread

**Open Face Tuna on Rye** 7.95  
Tuna on a bed of lettuce sitting on a slice of Rye garnished with diced tomato.

All Healty Alternatives served with a small tossed salad.

**Health Sandwich** 7.25  
Choice of Turkey, Ham, or Roast Beef served on Whole Wheat, White, or Rye with a choice of a light salad or fruit cup.

## CHEF'S RECOMMENDATIONS

**Traditional Fish & Chips** 8.95  
Catch of the day lightly battered and deep fried to a crisp golden brown.

**Grilled Haddock** 9.75  
6 oz. of fresh haddock grilled to perfection served with wedge of lemon and tartar sauce.

**Maritime Clams & Chips** 9.50  
Lightly breaded & deep fried to a delicious Maritimer's favorite! Served with tartar sauce.

**Hamburger Platter** 8.95  
5oz. seasoned patty served with your favorite toppings!

All the above served with your choice of French Fries and Cole Slaw!

## SWEET FAVORITES

**Cheesecake** 5.75  
**Assorted Cakes** 4.95  
**Fresh Fruit Cup** 3.75

**Assorted Pie** 4.25  
**Nutty Fudge Sunday** 3.75  
**Ice Cream or Sherbert** 2.75

## BEVERAGES

**Coffee** 1.95  
**Decaffinated Coffee** 2.25  
**Hot Chocolate** 2.95  
**Milk** Sm. 1.95 Lg. 2.95  
**Soft Drinks** (Pepsi, 7-Up, Gingerale, Diet Pepsi) 1.95

**Tea** 1.95  
**Ice Tea** 2.75  
**Milkshakes** 3.25  
**Juices** (Apple, Orange, Tomato & grapefruit) Sm. 1.95 Lg. 2.95  
**Beer** 4.50  
**House Wine** 5.95

